

Curriculum Vitae

Laurie Abbott

January 31, 2025

General Information

University address: Nursing
 College of Nursing
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 Florida State University
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Professional Preparation

- 2015 PhD, Florida Atlantic University College of Nursing. Major: Nursing.
- Abbott, L. S. (2015). *The Effect of a Culturally Relevant Cardiovascular Health Promotion Program on Rural African Americans*. (Doctoral dissertation, Florida Atlantic University College of Nursing). Retrieved from ProQuest, <http://gradworks.umi.com/10/15/10154947.html>, 10154947.
- 2008 MSN, Florida State University College of Nursing. Major: Nursing Education.
- 1994 BSN, Florida State University College of Nursing. Major: Nursing.
- 1992 AA, Tallahassee Community College, Tallahassee, Florida. Major: General Education.

Nondegree Education and Training

- 2018–present Certificate of Preparedness for Online Teaching; Saint Xavier University.
- 2016–present Public Health Practice Certificate; University of Illinois at Chicago School of Public Health.
- 2014–present Health Disparity Research Certificate; University of Illinois at Chicago School of Public Health.

- 2021 American College of Lifestyle Medicine.
- 2021 NINR 2021 Methodologies Boot Camp - Artificial Intelligence (AI).
- 2021 The University of Texas at Austin School of Nursing Precision Health (T32) Methodology Summer Boot Camp.

Professional Credential(s)

- 2024–present FAAN: Fellow of the American Academy of Nursing.
- 2024–present Certified Nurse Educator (CNE).
- 2016–present Public Health Nursing, Advanced (PHNA-BC)--Board Certified (BC) by the American Nurses Credentialing Center (ANCC).
- 1995–present Registered Nurse (RN).
- 2021–2031 DipACLM: Diplomate of the American College of Lifestyle Medicine.

Professional Experience

- 2022–present Associate Professor, Nursing, Florida State University.
- 2016–2022 Assistant Professor, Nursing, Florida State University.
- 2015–2016 Visiting Assistant Professor, Nursing, Florida State University.
- 2010–2015 Assistant in Nursing, College of Nursing, Florida State University.
- 2009 Adjunct Faculty, Nursing, Tallahassee Community College, Tallahassee, Florida.
- 2007–2009 House Supervisor/Staff Nurse, HealthSouth Rehabilitation Hospital, Tallahassee, Florida. House Supervisor: management of nurses, nurse technicians. Staff Nurse: Provided care for patients requiring rehabilitation following surgery, brain injuries, and traumatic events.
- 2008–2009 Adjunct Faculty, College of Nursing, Florida State University.
- 2005–2007 House Supervisor/Staff Nurse, Brynwood Center, Monticello, Florida. Responsibilities included management of the facility, supervision of nursing staff, and general nursing care for geriatric residents.

- 2000–2001 Agency/Staff Nurse, All About Staffing: Capital Regional Medical Center. Provision of nursing care to acute patients in a hospital setting: Surgical, Medical/ Telemetry, PCU, and Postpartum.
- 1997–1999 Clinic and Community Health Nurse, Leon County Health Department, Tallahassee, Florida. 1) clinic nurse at the Roberts and Stevens service clinic—Healthy Start prenatal care, primary care, STD, New OB work-up and referrals. 2) Community health nurse in a field position—school health, epidemiology, inspection of day care facilities for licensure renewal, TB case management, and QA record auditing.
- 1995–1997 Surgical Floor Staff Nurse, Capital Regional Medical Center, Tallahassee, Florida. General nursing care to post-surgical patients, Medical/ Telemetry and PCU.

Honors, Awards, and Prizes

Faculty Poster Award - 2nd Place, International Rural Nursing Conference (2023).
Public Health Nursing Section Junior Investigator Award, American Public Health Association (2018).
Provost's Faculty Travel Grant, Florida State University (2017). (\$1,000).
Dissertation Award, First Place, Southern Nursing Research Society (SNRS) (2016).
The Provost's Certificate of Recognition for Publishing, Florida Atlantic University (2015).
Nurse Faculty Loan, Florida Atlantic University (2015).
2015 Dissertation Year Award, Florida Atlantic University (2014). (\$805).
Nurse Faculty Loan, Florida Atlantic University (2014).
Nurse Faculty Loan, Florida Atlantic University (2013).
Nurse Faculty Loan, Florida Atlantic University (2012).
Outstanding Senior Award, Florida State University College of Nursing (1994).

Elected Fellow Status

Elected as a Fellow of American Academy of Nursing (2024).

Current Membership in Professional Organizations

American Academy of Nursing
American Nurses' Association
American Public Health Association
Association of Community Health Nurse Educators
Association of Public Health Nurses
Florida Nurses' Association
Golden Key International Honor Society
Phi Kappa Phi
Public Health Nurses' Association

Rural Nurse Organization
Sigma Theta Tau Nursing Honor Society, Beta Pi Chapter
Southern Nursing Research Society

Teaching

Courses Taught

Nurse Leader in Research and Health Policy (NGR6796)
Population Health in Nursing (NUR4667)
Disaster Nursing (NUR3695)
Population Health and Applied Epidemiology (NGR6674)
Theoretical Constructs and Methods of Nursing Research (NGR6811)
Methods of Nursing Research (NGR5800)
Nursing Care of Vulnerable Populations Lab (NUR3678L)
Clinical Application IV: Nursing Care of Adults and Populations with Complex Health Disorders Lab (NUR4766L)
Foundations of Nursing Practice Lab (NUR3056L)
Culture, Communication, Conflict and Collaboration in Contemporary Health Care. Online Graduate Course: Saint Xavier University School of Nursing and Health Sciences (NURSG553)
Health Assessment, Wellness and Prevention Across the Lifespan Lab (NUR3065L)
Nursing Care of Vulnerable Populations Lab (NUR3678L)
Population Health and Applied Epidemiology (NGR6674)
Population Health in Nursing (NUR4667)
Special Topics - Synthesis of Nursing Knowledge (NUR4930)
Special Topics: Performance Achievement Strategies (NUR4930)
Clinical Application II: Nursing Care of the Adult with Acute and Chronic Health Disorders Lab (NUR3225L)
Clinical Application I: Community Based Nursing Care (NUR3636-L)
Adult Health I Lab
Adult Health II Lab (NUR4227L)
Nursing the Adult Family II Lab (NUR4227-I)
Nursing the Adult Family I Lab (NUR3226L)
Public Health Nursing Lab (NUR4637L)
Public Health Nursing Theory (NUR4637)

Supervision of Clinical Practice

Migrant Health in Immokalee in Collaboration with the College of Medicine: Supervision of Nursing Students (2016)

New Course Development

Nurse Leader in Research and Health Policy (2023)
Disaster Nursing (2020)
Special Topics: Synthesis of Nursing Knowledge (2010)

Management of Multiple Course Sections

Population Health in Nursing (NUR4667)
Population Health in Nursing (NUR4667)
Population Health in Nursing (NUR4667)
Population Health in Nursing (NUR4667)
Population Health in Nursing (NUR4667)

Supervision of Student Research Not Related to Thesis or Dissertation

Miranda Taylor (2020–present).

Baker, S. (2023–24).

Stearns, E. (Aug–Dec 2023).

Jackson, M. (2021–22).

Diane Kimmel (2020–21).

Parrish, N. (2019–20).

Glaze, D. (2018–20).

Poston, J. (2016–20).

McCallen, C. (2017–19).

Guest Lecture

Abbott, L. S. (2024). *Conducted and graded a class debate in NUR4667 (Section 2) class, not on AOR.*

Abbott, L. S. (2024). *Conducted and graded a class debate in NUR4667 (Section 1) class, not on AOR.*

Abbott, L. S. (2024). *Served as a guest lecturer in NUR4667 (Section 1) class, not on AOR.*

Research and Original Creative Work

My research interests include advancing health equity among people living in underserved, rural areas by developing and testing evidence-based health promotion and disease risk reduction interventions. Other areas include implementing programs that assist rural dwellers with managing existing disease at home to prevent disease exacerbation and hospitalization and exploring factors related to disease risk and exacerbation among rural populations.

Program of Research and/or Focus of Original Creative Work

This program of research involves understanding factors associated with rural health and developing and testing evidence-based interventions that facilitate increased chronic disease awareness, enhanced knowledge, and promotion of healthy lifestyle behaviors and skills to help people learn how to stay well, reduce modifiable disease risk factors, and avoid hospitalization and disease exacerbation. This also involves exploring factors related to disease risk and disparities among rural groups including stress and protective factors such as social support and resilience.

Publications

Refereed Journal Articles

- Graven, L. J., Abbott, L. S., Hodgkins, J., Ledermann, T., & Howren, M. B. (submitted). Supporting Physical and Mental Health in Rural Veterans Living with Heart Failure: Study Protocol for a Nurse-Led Telehealth Intervention. *JMIR Research Protocols*. Manuscript submitted for publication, 25 pages.
- Graven, L. J., Durante, A., Abbott, L. L., Bassi, E., Howren, M. B., & Grant, J. S. (2024). Self-Care Problems and Management Strategies Experienced by Rural Patient/Caregiver Dyads Living with Heart Failure: A Qualitative Study. *Journal of Cardiovascular Nursing*, 39(3), 207-218.
- Graven, L. J., Abbott, L., & Schluck, G. (2023). The Coping in Heart Failure (COPE-HF) Partnership Intervention for Heart Failure Symptoms: Implications for Palliative Care. *Progress in Palliative Care*, 31(3), 169-178. doi:10.1080/09699260.2022.2124144
- Lemacks, J., Abbott, L. S., Navarro, C., McCoy, S., et al. (2023). Passive recruitment reach of a lifestyle management program to address obesity in the deep south during the COVID-19 pandemic. *AIMS Public Health*, 10(1), 116-128.
- Graven, L. J., Abbott, L. S., Boel-Studt, S., Grant, J. S., & Buck, H. G. (2023). Classifying Heart Failure Caregivers as Adequately or Inadequately Resourced to Care: A Latent Class Analysis. *Journal of Palliative Care*, 38(1), 62-70. doi:10.1177/08258597221079244
- McDougall, G. J., Monroe, T., Keenan, K. A., Carter, M. A., & Abbott, L. S. (2022). The Impact of Stereotype Threat on Memory and Cognition in Older Adults. *Western Journal of Nursing Research*, 44(11), 1016-1026. doi:10.1177/01939459211029718

- Abbott, L., Graven, L. J., Schluck, G., & Lemacks, J. (2022). A Structural Equation Modeling Analysis to Explore Diabetes Self-care Factors in a Rural Sample. *Healthcare*, 10(8), 1-10.
- Abbott, L. S., Lemacks, J. L., & Greer, T. (2022). Development and Evaluation of a Measure for Social Support Provided by Friends during Lifestyle Management Programs. *Healthcare*, 10(5), 901.
- Abbott, L. S., Graven, L. J., & Schluck, G. (2022). Factors Associated with Diabetes Outcomes among Rural African Americans. *Journal of Health Care for the Poor and Underserved*, 33(2), 751-766.
- Abbott, L. S., Killian, M. O., Graven, L. J., & Williams, K. J. (2022). Latent Profile Analysis of Stress and Resilience among Rural Women: A Cross-sectional Study. *Public Health Nursing*, 39(3), 536-544.
- Abbott, L. S., Slate, E. H., Graven, L. J., Lemacks, J., & Grant, J. S. (2021). Fatalism, Social Support, and Perceptions of Self-care among Rural African Americans Living with Diabetes and Pre-diabetes. *Nursing Reports*, 30.
- Grant, J. S., Graven, L. J., Schluck, G., & Abbott, L. S. (2021). Psychosocial Predictors of Adverse Outcomes in Rural Heart Failure Caregivers. *Rural and Remote Health*, 21(3), 30. doi:10.22605/RRH6497
- Lemacks, J. L., Greer, T., Aras, S., Abbott, L. S., Willis, D., Gipson, J., & Elasri, M. (2021). Social Determinants of Health Related to Stay-At-Home Order Adherence and Social Distancing Attitudes among a Diverse Deep South Population. *BMC Public Health*, 21(2145), 1-11.
- Abbott, L. S., Graven, L. J., Schluck, G., & Williams, K. (2021). Stress, Social Support, and Resilience in Younger Rural Women: A Structural Equation Model. *Healthcare*, 9(7), 812.
- Lemacks, J. L., Abbott, L. S., Greer, T., Gunn, R., Bryant, A., Bradford, L., & Ralston, P. (2021). The Church Bridge Project Focus Group Results: African American Perspectives of Weight Management Programs to Improve Nutrition and Physical Activity Behaviors. *BMC Nutrition*, 7(39), 1-8. doi:10.1186/s40795-021-00442-2
- Graven, L., Abbott, L. S., Dickey, S., & Schluck, G. (2021). The Influence of Gender and Race on Heart Failure Self-Care. *Chronic Illness*, 17(2), 69-80. doi:10.1177/1742395319843163
- Abbott, L. S., Slate, E. H., & Graven, L. J. (2020). Cardiovascular Disease Risk among Rural Residents Living with Diabetes and Pre-diabetes: A Cluster Randomized Trial. *Public Health Nursing*, 37(1), 16-24. doi:10.1111/phn.12659

- Graven, L. J., Boel-Studt, S., Buck, H. G., Abbott, L. S., & Grant, J. S. (2020). Heart Failure Caregiver Self-Care: A Latent Class Analysis. *Clinical Nursing Research, E-pub ahead of print*, 30. doi:10.1177/1054773820973121
- Grant, J. S., Graven, L. J., Abbott, L. S., & Schluck, G. (2020). Predictors of Depressive Symptoms in Heart Failure Caregivers. *Home Healthcare Now*, 38(1), 40-47. doi:: 10.1097/NHH.0000000000000838
- Lemacks, J. L., Abbott, L. S., Bryant, A. N., Choi, H., & Ralston, P. A. (2020). The Church Bridge Project: Lessons Learned from Comparing the outcomes of an Adapted Church-based Weight Management Intervention Targeting African American Adults. *Journal of Epidemiological Research*, 52(7), 37.
- Abbott, L. S., Slate, E. H., & Lemacks, J. L. (2019). Influencing cardiovascular health habits in the rural, deep south: results of a cluster randomized trial. *Health Education Research*, 34(2), 200-208.
- Martorella, G., Kostic, M., Lacasse, A., Schluck, G., & Abbott, L. S. (2019). Knowledge, beliefs and attitudes of emergency nurses toward people with chronic pain. *SAGE Open Nursing*, 5, 1-10. doi:10.1177/2377960819871805
- Graven, L. J., Azuero, A., Abbott, L. S., & Grant, J. S. (2019). Psychosocial Factors Related to Adverse Outcomes in Heart Failure Caregivers: A Structural Equation Modeling Analysis. *Journal of Cardiovascular Nursing*, 35(2), 135-148.
- Graven, L. J., Gordon, G., Keltner, J. G., Abbott, L. S., & Bahorski, J. (2018). Efficacy of a social support and problem-solving intervention on heart failure self-care: A pilot study. *Patient Education and Counseling*, 101(2), 266-275. doi:10.1016/j.pec.2017.09.00
- Schluck, G., Wei, W., Whyte, J., & Abbott, L. (2018). Emergency department arrival times in Florida heart failure patients utilizing Fisher-Rao curve registration: A descriptive population-based study. *Heart & Lung*, 47(5), 458-464. doi:10.1016/j.hrtlng.2018.05.020
- Abbott, L. S., Schluck, G. G., Graven, L. J., & Martorella, G. (2018). Exploring the intervention effect moderators of a cardiovascular health promotion study among rural African Americans. *Public Health Nursing*, 35(2), 126-134. doi:10.1111/phn.12377
- Abbott, L., & Slate, E. (2018). Improving Cardiovascular Disease Knowledge among Rural Participants: The Results of a Cluster Randomized Trial. *Healthcare*, 6(3), 1-9. doi:10.3390/healthcare6030071
- Abbott, L., Williams, C., Slate, E., & Gropper, S. (2018). Promoting heart health among rural African Americans. *Journal of Cardiovascular Nursing*, 33(1), E8-E14. doi:10.1097/JCN.0000000000000410
- Lemacks, J., James, R., Abbott, L., Choi, H., Parker, A., Bryant, A., Ralston, P., Rigsby, A., & Gilner, P. (2018). The Church Bridge Project: An Academic-Community Perspective of a Church-Based Weight Management Pilot Intervention among Young Adult African

Americans. *Progress in Community Health Partnerships: Research, Education, and Action*, 12(1S), 23-34. doi:10.1353/cpr.2018.0018

Lemacks, J., James, R., Abbott, L., Choi, H., Parker, A., Bryant, A., Ralston, P., Rigsby, A., & Gilner, P. (2018). The Church Bridge Project: An Academic-Community Perspective of a Church-Based Weight Management Pilot Intervention among Young Adult African Americans. *Progress Community Health Partnerships: Research, Education, and Action*, 12(1S), :5-6. doi:10.1353/cpr.2018.0014

Abbott, L., & Elliott, L. (2017). Eliminating health disparities through action on the social determinants of health: A systematic review of home visiting in the United States, 2005-2015. *Public Health Nursing*, 34(1), 2-30. doi:10.1111/phn.12268

Abbott, L. S. (2015). Evaluation of nursing interventions designed to impact knowledge, behaviors and health outcomes for rural African Americans: An integrative review. *Public Health Nursing*, 32(5), 408-420. doi:10.1111/phn.12174

Abbott, L. S., & Williams, C. L. (2015). Influences of social determinants of health on African Americans living with HIV in the rural southeast: A qualitative metasynthesis. *Journal of the Association of Nurses in AIDS Care*, 26(4), 340-346. doi:10.1016/j.jana.2015.03.004

Refereed Book Chapters

Bulecza, S., & Abbott, L. (2023). Health Planning for Local Public Health Departments. In Christine L. Savage, Gordon L. Gillespie, & Erin Whitehouse (Eds.), *Community Health and Nursing Practice: Caring for Populations (Third Edition)*. F. A. Davis.

Bulecza, S., Abbott, L., & Little, B. (2020). Health Planning for Local Public Health Departments. In Christine L. Savage, Joan E. Kub, & Sarah L. Groves (Eds.), *Community Health and Nursing Practice: Caring for Populations (Second Edition)*. F. A. Davis.

Refereed Proceedings

Durante, A., Grant, J. S., Abbott, L. S., Bassi, E., Dah Molin, A., & Graven, L. J. (2024). Feeding the Heart: A Problem-Solving Approach to Nutrition in Rural Heart Failure Dyads. In *European Society of Cardiology 2024 Heart Failure Congress* (pp. 1). European Journal of Heart Failure.

Graven, L. J., Abbott, L. S., Ledermann, T., Howren, M., & Grant, J. (2024). Teamwork Makes the Dream Work: Self-care and Depressive Symptoms in Rural Heart Failure Dyads. In *American Heart Association Scientific Sessions 2024* (pp. 1). Circulation 150 (S1), #4141366. Retrieved from https://www.ahajournals.org/doi/abs/10.1161/circ.150.suppl_1.4141366

Hellman, A., Abbott, L. S., Bahorski, J., Berryman, C., Grywacz, J., Hickner, R., & Stanwood, G. (2023). Rural children's health: Intersectional studies of vulnerability to environmental

- stressors. In Gale Richardson (Ed.), *American Heart Association Scientific Sessions 2022* (pp. 146). Neurotoxicology and Teratology, 98. Retrieved from <https://www.sciencedirect.com/journal/neurotoxicology-and-teratology/vol/98/suppl/C>
- Abbott, L. S., Graven, L. J., & Schluck, G. (2022). Over Time, Heart Failure Symptoms Worsen Depression. In *American Heart Association Scientific Sessions 2022* (pp. 146). Circulation. Retrieved from https://www.ahajournals.org/doi/abs/10.1161/circ.146.suppl_1.11156
- Graven, L. J., Boel-Studt, S., Buck, H. G., Abbott, L. L., & Grant, J. S. (2019). Who Cares for the Caregiver? Heart Failure Caregiver Self-care. In *In 2019 American Heart Association Scientific Sessions (pp. 1)*. AHA/ASA. Circulation.
- Abbott, L. S., & Williams, C. (2016). Impacting Cardiovascular Health among Rural African Americans: Results of an Experimental Study. In *APHA 2016 Annual Meeting & Expo*. American Public Health Association.

Presentations

Invited Presentations at Conferences

- Abbott, L., & Williams, C. (presented 2016, September). *The effect of a culturally relevant cardiovascular health promotion program on rural African Americans*. Poster presentation at State of the Science, Council for the Advancement of Nursing Science, Washington DC. (National)

Refereed Presentations at Conferences

- Grant, J. S., Graven, L. J., Abbott, L. S., & Ledermann, T. (accepted). *Enhancing Heart Failure Management in Rural Communities: A Dyadic Problem-Solving Approach for Patients and Caregivers*. Poster presentation to be given at 2025 Rural Nurse Organization International Conference, Rural Nurse Organization International, Arlington, TX. (International)
- Graven, L. J., Abbott, L. S., Ledermann, T., Grant, J., & Howren, M. (accepted). *Improving Rural Heart Failure Caregiver Outcomes Through Dyadic Intervention*. Presentation to be given at Southern Nursing Research Society Annual Conference, Southern Nursing Research Society (SNRS), Memphis, TN. (Regional)
- Graven, L. J., Abbott, L. S., Ledermann, T., Hodgkins, J., Abbott, R., Drwal, K., & Howren, M. (accepted). *Supporting Health in Rural Veterans with Heart Failure: CARE-HF Protocol*. Presentation to be given at Southern Nursing Research Society Annual Conference, Southern Nursing Research Society, Memphis, TN. (National)
- Abbott, L. S., Graven, L. J., Ledermann, T., Hodgkins, J., Abbott, R., & Howren, M. (accepted). *Uncovering Social Determinants of Health in Veterans with Heart Failure*. Poster

presentation to be given at Southern Nursing Research Society Annual Conference, Southern Nursing Research Society (SNRS), Memphis, TN. (Regional)

Grant, J. S., Graven, L. J., Schluck, G., & Abbott, L. S. (accepted). *Psychosocial Predictors of Adverse Outcomes in Rural Heart Failure Caregivers*. Presentation to be given at International Rural Nursing Conference, Rural Nurse Organization, Greeley, Colorado. (International). (Cancelled due to COVID-19)

Abbott, L. S., Slate, E. H., Graven, L. J., & Grant, J. S. (accepted). *Reducing Disease Risk among African Americans in the Rural Southeastern United States*. Poster presentation to be given at International Rural Nursing Conference, Rural Nurse Organization, Greeley, Colorado. (International). (Cancelled due to COVID-19)

Abbott, L. S., Graven, L. J., Killian, M., Lustria, M., & Lemacks, J. (presented 2024, June). *Promoting health, reducing disease risk, and facilitating supportive relationships among rural dwellers: Results of a randomized controlled trial*. Poster presentation at APHA 2024 Annual Meeting, American Public Health Association, Minneapolis, Minnesota. (National)

Durante, A., Grant, J. S., Abbott, L. S., Bassi, E., Dal Molin, A., & Graven, L. (presented 2024, June). *Rural Dyadic Collaboration in Heart Failure*. Presentation at Annual Congress of the Association of Cardiovascular Nursing and Allied Professionals, European Society of Cardiology Association of Cardiovascular Nursing and Allied Professionals, Wroclaw, Poland. (International)

Durante, A., Grant, J. S., Abbott, L. S., Bassi, E., Dal Molin, A., & Graven, L. (presented 2024, May). *Feeding the Heart: A Problem-Solving Approach to Nutrition in Rural Heart Failure Dyads*. Presentation at European Society of Cardiology 2024 Heart Failure Congress, European Society of Cardiology, Lisbon, Portugal. (International)

Abbott, L. S., Graven, L. J., DeLeon, J., & Stearns, E. (presented 2024, April). *Advocating for Reducing Chronic Disease Risk using Web-based Technologies among Rural Dwellers*. Presentation at Empowering Public Health Nurses for Policy Change through Advocacy, Association of Public Health Nurses, Denver, Colorado. (National)

Graven, L. J., Abbott, L. S., Ledermann, T., Howren, M., & Grant, J. (presented 2024). *Teamwork Makes the Dream Work: Self-care and Depressive Symptoms in Rural Heart Failure Dyads*. Presentation at 2024 American Heart Association Scientific Sessions, American Heart Association, Chicago, IL. (International)

Graven, L. J., Abbott, L. S., Ledermann, T., Howren, M. B., Plummer, S., Grant, J. S., & Glueckauf, R. (presented 2023, September). *Exploring the Relationship Between Coping Resources and Depression in Rural Heart Failure Dyads Using the Actor-Partner Interdependence Model*. Poster presentation at Council for the Advancement of Nursing Science Virtual Advanced Methods Conference 2023, Council for the Advancement of Nursing Science, Virtual. (National)

- Grant, J. S., Graven, L. J., & Abbott, L. S. (presented 2023, July). *The Dyadic Coping in Heart Failure Partnership Program: Is It Useful in Rural Heart Failure Dyads?* Poster presentation at 2023 International Rural Nursing Conference: Rural Health Equity in Practice, Education, and Research, Rural Nurse Organization, Johnson City, Tennessee. (International)
- Hellman, A., Madkour, H., Trejo, M., Abbott, L. S., Bahorski, J., Berryman, C., Grzywacz, J., Hickner, R., & Stanwood, G. (presented 2023, February). *Rural Children's Health: Intersectional Studies of Vulnerability to Environmental Stressors Across the Lifespan.* Presentation at Florida Undergraduate Research Conference, The Florida Undergraduate Research Association, Miami, Florida. (State)
- Abbott, L. S., Graven, L. J., & Schluck, G. (presented 2022, November). *Over Time, Heart Failure Symptoms Worsen Depression.* Poster presentation at American Heart Association Scientific Sessions 2022, American Heart Association (AHA), Chicago, Illinois. (International)
- Abbott, L. L., Graven, L. J., Schluck, G., & Williams, K. J. (presented 2022, February). *Stress, Social Support, and Resilience among Rural Women: A Nursing Research Study to Explore the Relationships.* Presentation at Leveraging Health Equity through Nursing Partnerships in Research, Education, and Practice, Southern Nursing Research Society, New Orleans, LA. (Regional)
- Grant, J. S., Graven, L. J., Schluck, G., & Abbott, L. S. (presented 2021, August). *Psychosocial Predictors of Adverse Outcomes in Rural Heart Failure Caregivers.* Presentation at International Rural Nursing Conference, Rural Nurse Organization, Greeley, Colorado. (International)
- Abbott, L. S., Slate, E. H., Graven, L. J., & Grant, J. S. (presented 2021, August). *Reducing Disease Risk among African Americans in the Rural Southeastern United States.* Poster presentation at International Rural Nursing Conference, Rural Nurse Organization, Virtual. (International)
- Graven, L. J., Abbott, L. S., Schluck, G., & Grant, J. S. (presented 2021, February). *Psychosocial Predictors on Caregiver Burden: Does Geographic Location Matter?* Presentation at 35th Annual Conference of the Southern Nursing Research Society, Southern Nursing Research Society, Virtual. (Regional)
- Abbott, L. S., Graven, L. J., & Slate, E. H. (presented 2020, February). *A Community Intervention for Reducing Cardiovascular Disease Risk.* Presentation at Sigma Theta Tau International Beta Pi Chapter Annual Research Symposium, Sigma Theta Tau International, Tallahassee, FL. (Local)
- Graven, L. J., Boelstidt, S., Buck, H. G., Abbott, L. S., & Grant, J. S. (presented 2019, November). *Who Cares for the Caregiver? Heart Failure Caregiver Self-Care.* Poster presentation at American Heart Association Scientific Sessions, American Heart Association, Philadelphia, PA. (National)

- Abbott, L. L., & Slate, E. H. (presented 2019, April). *Engaging Rural Populations in Health Promotion Programs*. Presentation at PUBLIC HEALTH NURSING 3.0: A CALL TO ACTION, Association of Public Health Nurses, Atlanta, Georgia. (International)
- Abbott, L. L., & Slate, E. H. (presented 2019, April). *Evaluation of a Primary Prevention Strategy targeting Cardiovascular Disease Risk*. Poster presentation at PUBLIC HEALTH NURSING 3.0: A CALL TO ACTION, Association of Public Health Nurses, Atlanta, Georgia. (International)
- Abbott, L., & Slate, E. (presented 2018, November). *Mitigating Cardiovascular Disease Risk among Rural Diabetics*. Poster presentation at Creating the Healthiest Nation: Health Equity Now, American Public Health Association, San Diego, CA. (National)
- Abbott, L., & Slate, E. (presented 2018, July). *Moderating Cardiovascular Disease Risk within Rural Community Settings*. Presentation at 2018 International Rural Nursing Conference, Rural Nurse Organization, Nashville Tennessee. (International)
- Abbott, L., & Slate, E. (presented 2018, May). *Advancing Health Equity through Primary Prevention in Community Settings*. Presentation at American Public Health Nurses, Association of Public Health Nurses, Little Rock, Arkansas. (National)
- Abbott, L., & Slate, E. (presented 2018, February). *Results of a Cardiovascular Health Promotion Program among Rural Participants*. Poster presentation at 2018 Beta Pi Chapter Research Symposium, Sigma Theta Tau International Nursing Honor Society. (Regional)
- Abbott, L. (presented 2017, November). *Improving cardiovascular health determinants among African Americans living in the Rural, Southern United States*. Presentation at Exploring latest innovations in Nursing & Healthcare, 2nd World Congress on Nursing & Nurse Education, Miami, Florida. (International) Retrieved from <https://nursingcongress.innovinconferences.com/administrator/includes/uploads/documents/1510147186.pdf>
- Abbott, L., & Slate, E. (presented 2017, November). *Influencing Cardiovascular Health Knowledge and Habits*. Presentation at Creating the Healthiest Nation, American Public Health Association, Atlanta, Georgia. (National) Retrieved from <https://apha.confex.com/apha/2017/meetingapp.cgi/Session/52246>
- Abbott, L., Williams, C., Slate, E., & Gropper, S. (presented 2016, October). *Promoting heart health among rural African Americans*. Presentation at Creating the Healthiest Nation: Ensuring the Right to Health, American Public Health Association, Denver, CO. (National)
- Abbott, L., & Williams, C. (presented 2016, February). *The Effect of a Culturally Relevant Cardiovascular Health Promotion Program on Rural African Americans*. Poster presentation at A Solid Legacy, a Bright Tomorrow: Bridging the Past and Future of Nursing Research, Southern Nursing Research Society, Williamsburg, VA. (Regional)

Abbott, L. (presented 2015, November). *The Effect of a Culturally Relevant Cardiovascular Health Promotion Program on Rural African Americans*. Presentation at Sigma Theta Tau Research Dinner, Beta Pi Chapter, University Center Club. (Regional)

Abbott, L., & Williams, C. (presented 2015, February). *Connections among Social Determinants of Health and HIV for African Americans Living in the Rural Southeast: A Metasynthesis*. Poster presentation at Southern Nursing Research Society (SNRS) 29th Annual Conference, SNRS, Tampa, Florida. (Regional)

Abbott, L. (presented 2014, March). *Social Determinants impacting HIV-positive African Americans living in the Rural Southeast*. Poster presentation at Xavier University of New Orleans Seventh Health Disparities Conference, Xavier University, New Orleans, Louisiana. (National)

Abbott, L. (presented 2013, June). *Tapping the Power of the Hermeneutical Mystery of "Evidence" in Developing Caring Knowledge*. Presentation at 34th International Association for Human Caring Conference, International Association for Human Caring, Orlando, Florida. (International)

Abbott, L. (presented 2012, June). *Ethical Knowing and Nursing Essence*. Presentation at 33rd International Association for Human Caring Conference, International Association for Human Caring, Philadelphia, Pennsylvania. (International)

Nonrefereed Presentations at Conferences

Abbott, L. L. (presented 2012, May). *Ethical Knowing and Nursing Essence*. Presentation at 33rd International Association for Human Caring Conference, International Association for Human Caring, Philadelphia, PA. (International)

Refereed Workshops

Lowe, J., Ralston, P., Abbott, L., Graven, L., Kelley, M., Dickey, S., & Lemacks, J. (2017). *Health Disparities Research: An Interdisciplinary Approach*. Workshop delivered at Southern Nursing Research Society, Dallas, Texas. (Regional)

Contracts and Grants

Contracts and Grants Funded

Stanwood, G., Hickner, R., Rosado, J., Grzywacz, J., Uejio, C., Schwartz, J., Bahorski, J., Abbott, L., et. al. (Sep 2023–Aug 2027). *The Bioecological Center for Rural Children's Health (BeRCH)*. Funded by Environmental Protection Agency (EPA). (EPA award 204000-520-102336). Total award \$1,900,000.

Graven, L., Howren, M. B., Abbott, L., & Drwal, K. (Oct 2022–Sep 2025). *Supporting Physical & Mental Health in Rural Veterans with Heart Failure (CARE-HF)*. Funded by Veterans Administration Office of Rural Health-Veterans Rural Health Resource Center-GNV (VRHRC-GNV. Total award \$690,417.

Abbott, L. S., Graven, L., Killian, M., De Leon, J., Lustria, M., & Lemacks, J. (Sep 2022–May 2024). *Reducing chronic disease risk among rural adults*. Funded by Florida State University Translational Health Research Seed Grant. Total award \$50,000.

Graven, L. J., Glueckauf, R. L., Abbott, L. S., & Ledermann, T. (Jan 2021–Dec 2023). *Enhancing Problem-Solving Skills in Underserved Rural Heart Failure Dyads*. Funded by Florida Blue Rural Research Development Award. Total award \$20,000.

Grzywacz, J., Hickner, R., Bahorsky, J., Abbott, L. S., & Stanwood, G. (2020–2024). *Pesticides Implications for Rural Health Disparities*. Funded by UF-FSU CTSA Initiative. Total award \$95,000.

Abbott, L. (Jul 2019–May 2020). *Exploring Stress, Social Support, and Resilience among Rural Women*. Funded by Florida Department of Health. Total award \$8,500.

Abbott, L. (May 2017–Aug 2017). *Mitigating Cardiovascular Disease Risk Among Rural Diabetics*. Funded by Florida State University Office of Research. Total award \$20,000.

Abbott, L. (May 2017–Apr 2018). *Mitigating Cardiovascular Risk Among Rural Diabetics*. Funded by FSU College of Nursing. Total award \$5,000.

Graven, L., Abbott, L., Dickey, S., & Grant, J. (Sep 2016–Aug 2017). *Psychosocial Factors Related to Adverse Outcomes in Caregivers of Heart Failure Patients: A Mediation Analysis*. Funded by Heart Failure Society of America. Total award \$10,000.

Graven, L., Abbott, L., & Dickey, S. (Jul 2016–Jul 2017). *Examining Psychosocial Factors Related to Adverse Outcomes in Caregivers of Heart Failure Patients: A Pilot Study*. Funded by Florida State University College of Nursing Infrastructure Grant. Total award \$7,500.

Contracts and Grants Pending

Graven, L., Howren, M. B., Abbott, L., & Drwal, K. (Mar 2025). *Supporting Physical & Mental Health in Rural Veterans with Heart Failure (CARE-HF)*. Submitted to Veterans Administration Office of Rural Health-Veterans Rural Health Resource Center-GNV (VRHRC-GNV. Total award \$283,177.

Contracts and Grants Denied

Graven, L. J., & Abbott, L. S. (Sep 2024). *Development of a Symptom Management Program for Adults with Heart Failure - A Precision Health Approach Using Web Intervention*

(*SPARK-HF*). Submitted to Florida State University Council on Research and Creativity. Total award \$98,000.

Graven, L., Abbott, L., Miao, H., & Glueckauf, R. (Feb 2023). *Improving Heart Failure Symptom Management in Adults Through Web-Based Intervention*. Submitted to National Heart, Lung, and Blood Institute; National Institutes of Health. Unspecified award amount.

Carr, D., Ledermann, T., Goldfarb, S., & Abbott, L. L. (Mar 2022). *Developing a Science of Languishing as a Pathway to Resilient Functioning*. Submitted to FSU Institute of Successful Longevity. Unspecified award amount.

Graven, L., Abbott, L., & Schluck, G. (Jan 2022). *Feasibility, Acceptability, and Preliminary Effects of the Coping in Heart Failure (COPE-HF) Partnership Program for Rural Caregivers*. Submitted to Florida State University Council on Research & Creativity; Planning Grant. Unspecified award amount.

Carr, D., Ledermann, T., Goldfarb, S., & Abbott, L. L. (Nov 2021). *Collaborative Accelerator: Developing a Science of Languishing as a Pathway to Resilient Functioning*. Submitted to FSU Office of Research. Unspecified award amount.

Graven, L. J., Abbott, L. S., Ledermann, T., & Glueckauf, R. (Apr 2020). *Enhancing Problem-Solving in Older Underserved Rural Persons with Heart Failure and their Family Caregivers*. Submitted to RRF Foundation for Aging. Unspecified award amount.

McDougall, G., Abbott, L., Grzywacz, J., & Schluck, G. (2020). *Stigma Inoculation for African American Adults with Mild Cognitive Impairment*. Submitted to National Institute on Aging. Unspecified award amount.

Abbott, L. S., Slate, E. H., Ralson, P., Hickner, R., Graven, L., & Pickett, S. (Dec 2019). *Counting Steps to Rural Heart Health*. Submitted to NINR. Unspecified award amount.

McDougall G., Abbott, L. S., Schluck, G., & Grzywacz, J. (2019). *Stigma Inoculation for African American Adults with Probably Mild Cognitive Impairment*. Submitted to NIH. Unspecified award amount.

Lemacks, J., Greer, T., Huye, H., Ralston, P., Abbott, L., & Choi, H. (Oct 2018). *The Church Bridge Project: The Church as a bridge to alleviate obesity and related chronic disease disparities among minorities*. Submitted to National Institute of Minority Health and Disparities. Unspecified award amount.

Lemacks, J., Ralston, P., Lowe, J., & Abbott, L. (2018). *It's Native: Nudging Towards Healthy Ways in Southeastern Indian Country*. Submitted to NIH. Unspecified award amount.

Abbott, L., & Lowe, J. (Dec 2017). *Pilot Study in P-20 grant: Enhancing Symptom Management for Chronic CVD Conditions Among a Rural American Indian Population*. Submitted to NINR. Unspecified award amount.

Martorella, G., Graven, L., Abbott, L., Grzywacz, J., & Batchelor, W. (Nov 2017). *A mHealth Problem-Solving Platform for the Management of Cardiovascular Disease Symptoms in Rural Settings*. Submitted to NIH/NINR. Unspecified award amount.

Abbott, L., Lowe, J., Slate, E., & Kelley, M. (Feb 2017). *Using a Talking Circle Intervention for the Prevention of Cardiovascular Disease Risk*. Submitted to NINR. Unspecified award amount.

Martorella, Geraldine (PI), Graven, Lucinda (Co-I), & Abbott, L. (Oct 2016). *Development of an Individualized Web-based Problem-Solving Platform to Support Self-Management of Cardiovascular Disease Symptoms (PSP-CarDS)*. Submitted to National Institute of Nursing Research. Unspecified award amount.

Service

Florida State University

FSU University Service

Chair and Faculty Representative, Florida State University's Sick Leave Pool Committee (2018–present).

Member, Florida State University Faculty Senate Library Committee (2017–present).

Representative, Florida State University Health Expo (2024).

Alternate Member, Faculty Senate (2017–2019).

FSU College Service

Vice-Chair, Promotion and Tenure Committee (2023–present).

Member, Promotion and Tenure Committee (2022–present).

Member, Graduate Curriculum Committee (2019–present).

Member, Post-Tenure Review Committee (2024–2025).

Chair, Promotion and Tenure Committee (2024–2025).

Observer and Evaluator, Lifestyle Medicine FOSCE Event (2024).

Observer and Evaluator, Lifestyle Medicine FOSCE Event (2023).

Faculty Observer and Evaluator, Annual IPE Clinical Immersion Event (2021–2022).

Member, Faculty Search Committee (2019–2022).

Chair, Faculty Evaluation Committee (2020–2021).

Member, PhD Task Force (2018–2021).

Member, Promotion and Tenure Committee (2018–2020).

Member, Graduate Education Committee (2016–2018).

Member, Program Evaluation (2016–2018).

Chair, Faculty Evaluation Committee (2016–2017).

Member, Florida State University College of Nursing Bylaws Committee (2014–2016).

Member, Student Affairs Committee (2013–2014).

Chair, Student Affairs Ad Hoc Committee (2012–2013).

Member, Undergraduate Curriculum Committee (2010–2012).

The Profession

Guest Reviewer for Refereed Journals

Health Education and Behavior (Jun 2022–present).

The Journal of Rural Health (Feb 2022–present).

Housing Policy Debate (2018–present).

The Journal of Cardiovascular Nursing (2018–present).

Progress in Community Health Partnerships: Research, Education, and Action (Oct 2017–present).

Journal of Health Care for the Poor and Underserved (May 2016–present).

Public Health Nursing (Apr 2016–present).

Service to Professional Associations

Officer, Research Committee Task Force, Sigma Theta Tau International Beta Pi Chapter (2018–present).

Abstract Reviewer for the Public Health Nursing Program, American Public Health Association (2020).

Member, APHN Membership Committee, Association of Public Health Nurses (APHN) (2018–2019).

Abstract Reviewer for the Public Health Nursing Program, American Public Health Association (2018).

Chair of the Poster Abstract Committee, Regional Conference, Florida Public Health Association: Northwest Region (2016).

The Community

Community Service Volunteer, Falls Prevention Program, Tallahassee Senior Center (2024).

Community Service Volunteer, Empathy Activity, CentrePoint Rehabilitation Center (2024).

Community Service Volunteer, Night to Shine Event 2024, Tim Tebow Foundation; Genesis Church (2024).

Contributor, Elder Elf Program, Elder Care Services (2024).

Community Service Volunteer, Volunteer providing first aid and blood pressure screenings to participants of an event at the center. The Florida State University Student Affairs Committee organized the community service event for nursing students and faculty, Old West Florida P.B. Enrichment Center (2023).

Contributor, Elder Elf Program, Elder Care Services (2023).

Consultant, Florida Department of Health WiseWomen Program, Big Bend Area Health Education Center (2022).

Contributor, Elder Elf Program, Elder Care Services (2022).

Contributor, Elder Elf Program, Elder Care Services (2021).

Contributor, Elder Elf Program, Elder Care Services (2020).

Contributor, Christmas Connection Family, FSU College of Nursing (2019).

Faculty Mentor for Nursing Students, Chapman Community Health Project, FSU Cares (2015–2017).

Presenter, Social Determinants of Health, Coalition Training Institute (2017).

Volunteer, Blood Pressure Readings, Monticello Health Fair (2017).

Presenter, Health Equity: Presentation to Staff, Jefferson and Madison County Health Departments (2017).

Mentor, Getting Ahead/Staying Ahead, Capital Area Community Action Agency. Jefferson County, FL (2015–2016).

Presenter, Stroke Prevention: Community Outreach, Jefferson County Health Department (2016).

Presenter, Changing Perspectives: Addressing the Social Determinants of Health, Jefferson and Madison County Health Departments (2016).

Member, Health Equity Commission, Health Equity Commission, Madison and Taylor (2014–2015).

Member, Health Equity Task Force, Health Task Force, Jefferson (2014–2015).

Consultation

Jefferson and Madison County Health Departments. Health Equity Presentation: Staff (2017).