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Florida State University

Immokalee, Florida 34142

PROFESSIONAL EXPERIENCE

November 2023- Present	Assistant Professor Florida State University Department of Behavioral Sciences and Social Medicine College of Medicine Immokalee Health Education Site Conduct research in the areas of trauma (Adverse Childhood Experiences). Teach medical students and postdoctoral fellows in health psychology. Provide behavioral health services to an underserved community in a Lee Health Family Primary Care Clinic. Services include behavioral health consultation, assessment, and behavioral treatment for physical health conditions, both live and telehealth.
September 2021 – October 2023	Licensed Psychologist Healthcare Network Behavioral Health Provider in Pediatric Primary Care Clinic providing behavioral health consultation, assessment, and behavioral treatment for physical health conditions, both live and telehealth.

EDUCATION

September 2019- August 2021	Postdoctoral Fellowship Florida State University College of Medicine The Postdoctoral Fellowship in Clinical Health Psychology with a focus on Primary Care. Experiences in women, pediatrics, and adult health, providing behavioral health consultation, assessment, and behavioral treatment for physical health conditions, both live and telehealth.
July 2018- June 2019	Internship Ponce Health Science University Consortium - Hospital del Maestro The Consortium Site - General Outpatient Training at Diagnostic and Treatment Center of the Puerto Rico Teachers Association at Hospital del Maestro (DTC-HM). Experience in individual and group psychotherapy, Behavioral health consults, assisting in the management of chronic health conditions, and psychological assessments.
December 2019	Doctoral Degree in Philosophy in Clinical Psychology, Ph. D. Department: School of Behavioral & Brain Sciences Ponce Health Sciences University; Ponce, Puerto Rico Dissertation: <i>“Emotional and Psychosocial Factors of Puerto Rican Adolescents with Inflammatory Bowel Disease and their Caregivers”</i> . • Dissertation Chairperson: Alixida Pibernus, Ph.D.

December 2016 **Master's Degree in Sciences on Clinical Psychology (Non-terminal degree)**
Department: School of Behavioral & Brain Sciences
Ponce Health Sciences University; Ponce, Puerto Rico

June 2014 **Bachelor's Degree in Arts, Major in Psychology**
University of Puerto Rico, Río Piedras

CLINICAL PSYCHOLOGY LICENSE

May 2021 Licensed Psychologist in the State of Florida

AWARDS AND HONORS

August 2021 Service Award
Fellowship Class of 2021
Florida State University College of Medicine

June 2020 Doctor of Philosophy in Clinical Psychology
Department Award
Ponce Health Science University

June 2020 Academic Honor
Ponce Health Science University

LANGUAGES

Spanish –Native language in oral, reading, and writing
English – Fluent in oral, reading, and writing

CLINICAL EXPERIENCE

May 2017- **Case Manager**
June 2019 **Center for Research, Prevention and Treatment of Violence.**
The Center for Psychological Assistance and Integrated Services (CAPSI), is a program that provides psychological help to victims of domestic violence. Responsible for working directly with clinical psychology students in training, case assignments, case management, collaborate in student training, file verification, and psychotherapy to patients.

2017-2018 **Practicum Student**
Ponce Health Science University Wellness Center, Dialectical Behavioral Therapy
The DBT program offers Dialectic Behavioral Therapy services (individual, skill group therapy, crisis line, family connect, and consultation groups). While in the program, I was part of the skills group sessions and received training in the DBT model and Family Connection.

August 2016- **Practicum Student**
May 2017 **Ponce Health Science University Wellness Center, Behavioral Health Clinic – BHC**
The Behavioral Health Clinic (BHC) is a clinical setting that offers medical, psychiatric, and psychological services in a community-based setting. Responsible for providing psychotherapy to children, adolescents, adults and elders and group therapy for pain management.

January- May 2016	Practicum Student Unidad de Psiquiatría y Hospitalización para niños The Unit of Psychiatry and Hospitalization for children (UPHN), offers inpatient services for children between the ages of 6-12 years with acute presentation of mental disorder. Provided individual therapy, group therapy, case management, and participated in occupational and recreational therapies of children as part of their treatment.
June -July 2016	Practicum Student Instituto de Medicina de Familia del Sur Is a private medical office. Responsible for providing psychological services (individual psychotherapy to children, adolescents, adults, and elders) and psychological assessment.
June - December 2016	Practicum Student Forensic Practice and Clinical Psychology Forensic evaluations [i.e., emotional assessments], observation of interviews of sexual abuse allegations in different prosecutor's offices, performing collateral interview, and observation of in court hearings for a case of an allegation of sexual abuse.
June - December 2016	Practicum Student Juana Diaz Wellness Center The Juana Diaz Wellness Center is a clinic that offers a variety of medical and health psychology services. I provided treatment to patients with chronic health conditions, consultation services, provide therapy to children, adolescents, adults and seniors, and perform psychometric assessments.
June -July 2016	Practicum Student Centro Médico Salinas The Juana Diaz Wellness Center is a clinic that offers a variety of medical and health psychology services. I provided treatment to patients with chronic health conditions, consultation services, provided therapy to children, adolescents, adults, and seniors, and perform psychological assessments.
August 2015 - May 2016	Practicum Student CAPSI Program The Center for Psychological Assistance and Integrated Services (CAPSI) is a program that offers psychological assistance to victims of domestic violence and their respective children. Responsible for providing individual therapy to women victims and children.

RESEARCH EXPERIENCE

November 2023	CARACOL Description: CARACOL is an NCEF-funded initiative to address maternal and infant mental health. Responsible for program oversight.
November 2023	Bioecological Center for Rural Children's Health Description: The Bioecological Center for Rural Children's Health (BeRCH) is a 4-year project supported by EPA. BeRCH is a forward-thinking and environmental justice-based center that focuses on identifying and mitigating the interactive cumulative health consequences

of pathological synergies amongst chemical and non-chemical stressors in children. Responsible for Coordinating Community Leadership Coalition meetings and assisting in developing content for the website.

August 2020 **Fellow Research Project**
Impact of COVID-19 on Childcare Providers & Teachers
 Description: Study that aims to measure the level of impact of COVID-19 on early childhood educators and K-12 Teachers. Collaborative study from Florida State University and the Center for Child Stress and Health.

2015 **Research Assistant**
MoCA Validation
 Description: The project aimed to validate the Montreal Cognitive Assessment (MoCA) in a population of Puerto Rican adults. Responsible for: the MOCA administration to potential research subjects

2015 **Research Assistant**
MOST Validation
 Description: Project aimed to validate MOST in a population of aging Puerto Ricans. Responsible for: the translation of administration instructions and MOST administration to potential research subjects

2014 - 2015 **Research Assistant**
Hablemos de Cáncer
 Description: Hablemos de Cáncer is Collaborative work with MOFFIT Cancer Center in Tampa Florida which is community-based project that seeks to provide psychoeducation to the community about cancer. Responsible for: participants recruiter.

2012 - 2014 **Research Assistant**
ConVida
 Description: The suicide prevention program ConVida, is a research project that seeks to psycho-educate the university community and employees about identifying signs in people with suicidal thoughts, situation management and where to seek help. Responsible for: SPSS Data Entry and data analysis.

TEACHING EXPERIENCE

January 2024- **FSU COM – Health Psychology Postdoctoral Fellowship**
 Supervision of Health Psychology Postdoctoral Fellows with an emphasis in Primary Care at FSU Training sites in partnership with Lee Health

Present

June 2022 **Licensed Psychologist**
 Didactics presentation for 1st and 2nd-year postdoctoral students from Florida State University Clinical Health Psychology Fellowship: Psychologist License in the State of Florida.

June 2022 – Present **Clinical teaching of 1st and 3rd-year medical students in a Primary Care Behavioral Health model in pediatric health.**

September 2019 –	Clinical Health Psychology Fellowship Responsible for clinical teaching of 3 rd and 4th-year medical students in a Primary Care Behavioral Health model in pediatric, women, and adult health. Didactics presentations: - Trauma in Pediatrics Primary Care Setting - Grief, counseling, and infertility.
August 2021	
August- December 2017	Teaching Assistant Cognitive Assessment Laboratory (PHSY 681) Responsible for supervising students in administering psychological assessment and cognitive assessment reports.
August- December 2017	Teaching Assistant Applied Research for Psychologist (PSY 620) Responsible for teaching research design to graduate psychology students.
January- May 2016	Teaching Assistant Neuroanatomy Laboratory (PHSY 512) Responsible for teaching students the anatomical parts of the brain.

HEALTH PSYCHOLOGY POSTDOCTORAL SUPERVISION

Fortino, M. (Jan 2024 – August 2024)

Monroig, G. (Sept 2024- Present)

Morar, M. (Sept 2024- Present)

REFERRED JOURNAL ARTICLES

Rosado, J. I., Mesidor, J. K., Chege, S., Wang, Y., Torres, L., & Stanwood, G. D. (2024). Assessment of adverse childhood experiences in adolescents from a rural agricultural community: Associations with depressive symptoms and psychosocial problems. *Neurotoxicology and teratology*, 106, 107396. Advance online publication. <https://doi.org/10.1016/j.ntt.2024.107396>

Rosado, J. I., & **Torres-Aponte, L.** (in press). Planning for Long-term recovery: The Impact of COVID-19 on educators working with children from Migrant Agricultural Families. *Journal of School Health*.

PRESENTATIONS

Rosado, J. I., **Torres-Aponte, L.**, Velazquez, J., & Wang, Y. (presented 2021, August). *COVID-19 Impact on Migrant Education Teachers & Staff*. Poster presentation at American Psychological Association Annual Convention, American Psychological Association, Virtual. (National)

Torres-Aponte, L., B.A.; Ramírez-Ruiz, M., MS.S.; Soto-López, G.M., B.A. & Reyes-Estrada, M., Ph.D. (May 2017). *A Systematic Review of Stigma Related to Inflammatory Bowel Disease and Irritable Bowel Syndrome Among Healthcare Providers*. Poster Presentation at 13th Annual Scientific Conference, Ponce, PR.

Pereira, C., BA, Mirles, I., M.ED., Padilla, I., BA, **Torres, L.**, BA, Rivera, L., BA, & Centeno, F., Ph.D. (May 2016). *Preliminary Findings in Psychometric and Neuropsychological Assessments Performed in a University Community Based Clinic in Puerto Rico*. Poster Presentation at 12th Annual Scientific Conference, Ponce, PR.

Torres, G.; Rodríguez, Y.; Mirles, I; **Torres, L.** & Moreno, M.A. (November 2015). *Desempeño Neurocognitivo en Niños y Jóvenes con Diabetes Mellitus Tipo 1: Revisión Sistemática de Literatura*. Poster Presentation at APPR Annual Convention, San Juan, PR.

Mirles, I.; **Torres, L.**; Rodríguez, Y.; Torres, G. & Moreno, M.A. (September 2015) *Revisión Sistemática de Literatura sobre Diabetes Mellitus Tipo-1: Implicaciones para la Investigación y la Acción*. Poster Presentation at the Avances en Investigación y Acción con la Niñez y Juventud Symposium, Mayagüez, PR.

Camacho, Z.A.; Piñero, M.; Crespo, G.; López, Y.; Cumba, E.; **Torres, L.**; Caro, W. & Rosario, I. (August 2015). *Estudio Piloto para Validar el Children's Depression Inventory-2 con Adolescentes de Puerto Rico: Hallazgos Cuanititativos*. Poster Presentation at the 1st Behavioral Health Student Research Symposium of Southern Puerto Rico, Ponce, PR.

Adorno, K.; González, D.; **Torres, L.**; Ramos, N. & Cumba, E. (2014, May). *Self-care practices of adolescents with Diabetes Type 1 in Puerto Rico: Differences by perceived socioeconomic status*. Poster presented at Primer Simposio Estudiantil de Investigación en Salud Mental, San Juan, PR.

Adorno, K.; **Torres, L.**; Ramos, N. & Cumba, E. (2014, April) *Reliability of the Self-Care Inventory and levels of self-care in adolescents with Diabetes Type 1*. Poster presented at Segundo Encuentro Subgraduado de Investigación y Creación, San Juan, PR.

GRANTS

September
2024

March of Dimes (Submitted/Pending)

Title: Development of a Comprehensive Assessment and Resources for Expectant Mothers (CARE): Enhancing behavioral health screening, education, and support for pregnant women.

PI: Lisandra Torres Aponte, PhD.

Co-PI: Samantha Goldfarb DrPH, MPH

Florida Blue Foundation (Submitted/Pending)

Title: Improving Access to Maternal Health Care for Rural, Low-Income Women in Immokalee, Florida

PI: Samantha Goldfarb DrPH, MPH

Co-PI: Lisandra Torres Aponte, PhD.

CONTRACTS

July 2024 **Break the Cycle - East Coast Migrant Head Start Project, South Carolina**

ADDITIONAL PROFESSIONAL TRAINING

January 2023 SAMHSA/ Division of Grant Review (DGR) New Reviewer Training program

August 2020 Collaborative Institutional Training Initiative (CITI)
Use of human subject and HIPPA training
Basic issues in the protection of human subjects

2018 Pediatric Psycho-Oncology Certificate

January 2018	DBT Training Course
September 2017	DBT Family Connection
April 2017	Wechsler Intelligence Scale for Children's-V (WISC-V)
May 2017	Systematic Review and Meta-Analysis Workshop
October 2015	Observational Quantitative Research Design
2015	Neuropsychology Symposium UPR Cayey
October 2013	SPSS workshop
September 2013	EndNote workshop
June 2012	Suicide prevention workshop

PROFESSIONAL ORGANIZATION

May 2024 - Present	National Latino Psychological Association
May 2024 - Present	National Registry of Health Services Psychologists
May 2020-Present	American Psychological Association
January 2020	Division 12 – Society of Clinical Psychology
January 2020	Division 38 – Society of Health Psychology
August 2020 - Present	Collaborative Family Healthcare Association
May 2020 - Present	Florida Psychological Association
January 2020- Present	Association of Psychologists in Academic Health Centers
	APAHC Committee on Health Disparities and Diversity
	APAHC Committee Integrated Primary Care Special
	Interest Group
2013 – 2019	Puerto Rico Psychological Association (APPR)
	Health Psychology Committee
2017-2019	Coordinator: Pediatric Psycho-oncology
	Certificate (APPR)

COMMUNITY SERVICE

March 2017	Encuentro Educativo Hablemos de Cáncer Volunteer, Pontificie Universidad Católica de Ponce 2250 Boulevard Luis A. Ferré Aguayo Ponce, Puerto Rico 00717
2016	Community Service at San Lucas Hospital Volunteer, Hospital San Lucas 917 Avenida Tito Castro, Ponce, PR 00733
February 2015	Encuentro Educativo Hablemos de Cáncer Volunteer, Salvation Army Ponce 1381 Calle Verдум, Ponce, PR 00731
December 2014 - 2015	Proyecto de Diabetes y Depresión II Volunteer, Institute for Psychological Research University of Puerto Rico, Río Piedras
January 2014	American Cancer Society of Puerto Rico, Inc. Volunteer, Urb. La Merced 566 Calle Cabo Alverio Hato Rey, PR 00918
November 2013	Health Psychology Symposium Volunteer, University of Puerto Rico, Río Piedras

September 2013	5ta Jornada de Investigación Psicológica Volunteer, University of Puerto Rico, Río Piedras
February 2013	Census (Homeless people) - Proyecto Plaza Corazón Volunteer, C.A.U.C.E. – University of Puerto Rico, Río Piedras
January 2013 – July 2013	ConVida – Suicide Prevention Program Volunteer, Institute for Psychological Research University of Puerto Rico, Río Piedras
August 2010	Fiesta II Volunteer, Calidad de Vida - University of Puerto Rico, Río Piedras

REFERENCES

References available upon request.